



The High Performance Treatment Plan

TIME-BASED TREATMENT PLANS

The time-based treatment plans are set upon the estimated time frame to achieve your goal.

The plans are set with either a 2, 4, 6, 8 or 13 week duration at a fixed price.

Throughout this time you have access to unlimited consultations for a fixed price.

Your Clinician will discuss which plan best suits your needs and lifestyle whilst striving to achieve your desired treatment goal.

CUSTOM TREATMENT PLANS

The custom treatment plans are plans and programs which are designed specifically to you.

Your Clinician will determine the treatment requirements and time duration needed to achieve your goal, and then a custom plan will be set based upon this information.

Throughout this plan you also have access to unlimited consultations for the fixed price set for your plan.



High Performance Plan

Goal-Orientated Treatment Plans & Programs developed to achieve results and help you #beabetteryou



For more information or to book a consultation with a member of the P360 High Performance team:

1800 777 360

www.p360.physio

info@p360.physio



#beabetteryou

#beabetteryou

At P360 we believe in delivering a high quality service with patient related outcomes. This means we use expert physiotherapy consultants to assess your problem, diagnose you and provide a treatment plan with a solution from day one! We then have a High Performance team to help you achieve your goals and perform better.

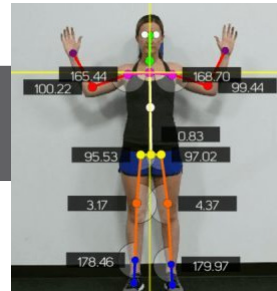
The High Performance Treatment Plans and Programs

The P360 High Performance Treatment Plans and Programs are designed to suit a number of patients and conditions. It involves an initial assessment to diagnose your condition and determine your eligibility for a plan or program, unlimited physiotherapy treatment, and re-assessments to review your progress. Once you have completed the program, you have an option to progress to the P360 High Performance Strength & Conditioning program, or you can elect to return to your chosen sport or activity performing at your best. The Plans and programs are goal-oriented, so if you feel you have not achieved your treatment goal within the timeframe, we may offer additional sessions to help you strive to *#beabetteryou*.



The High Performance Assessment

The P360 High Performance Assessment uses state-of-the-art technology to measure your progress while participating in a High Performance Treatment Plan or Program.



Kinetisense
Motion capture analysis system to measure range of movement, posture and balance

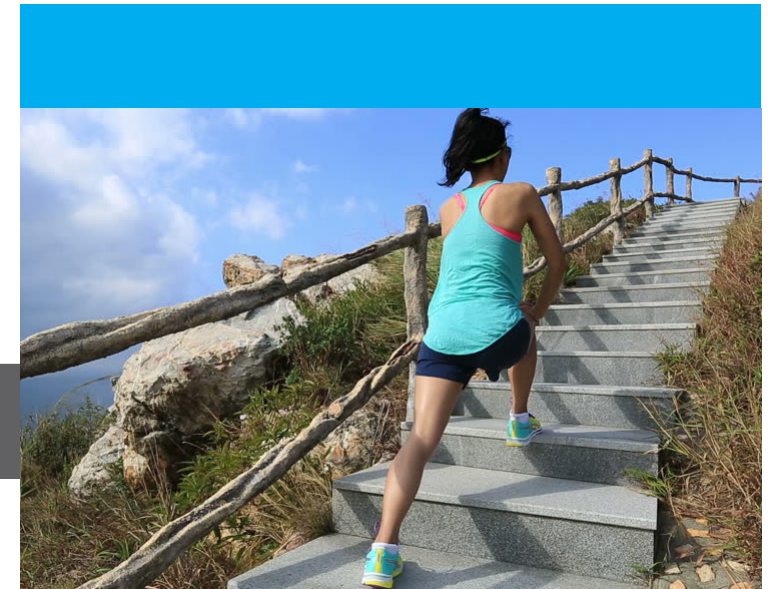
Accurately measures range, speed and direction of knee movement



Measures hamstring strength



We measure your strength and range of motion, we assess your functional movements including your ability to move from a sit to stand and walking patterns, and we assess your goals - what is your ideal situation? We find a solution to help you from day one. That's the P360 difference. We don't use guess work when it comes to your health and performance.



The Benefits of a High Performance Treatment Plan or Program

- At P360 we assess what your problem is and we change your situation.
- Our focus is improving your quality of life.
- We fix the price, so you know what the program costs upfront.
- We have unlimited Physiotherapy treatment sessions available to ensure you meet your goal.
- We give you access to state-of-the-art equipment and technology to assist in your treatment and rehabilitation.
- We have the ability to progress you to the P360 High Performance Strength & Conditioning program once complete.
- We have flexible payment options including eziDebit, HICAPs, EFTPOS and cash.

#beabetteryou