INTRODUCING

P360 OCC. HEALTH

“THE FUTURE OF OCCUPATIONAL HEALTH SERVICES IN WESTERN SYDNEY”

EXPERT FUNCTIONAL SCREENING PROGRAM SPECIFIC FOR EACH INDUSTRY

WE ALREADY HAVE THE TOOLS YOU NEED!

Provide up to date screening using the most technologically advanced accurate methods and devices. Eliminate the guess work and ask the expert!

Employees who have not undergone pre-employment functional screening are 240% more likely to sustain musculoskeletal injuries. The management of this injury is likely to cost your company up to 430% more than the cost of our screen!!!

Having employees screened, can reduce the staff turnover rate by up to 20%.

BENEFITS

• 24 hour turnaround on injury and pre-employment reports
• Screenings are customised and based on up-to-date evidence, research and clinical expertise, meaning you are always getting the most accurate and up to date advice
• Complete and dedicated occupational health service – we also offer
  - Injury Prevention Programs
  - Early Intervention Programs
  - Wellness Programs
  - Training Programs
  - Job Task Analysis
  - Workplace Risk Assessment
  - On-site and clinical physiotherapy
  - Clinical rehabilitation and return to work programs
• Cost-effective solutions to meet your needs. We will only provide you with the expert job specific screening you need and not measure things that are irrelevant to your business or clients.

Email or call us to ask for more information regarding a tailored solution 1800 777 360 or marsdenpark@p360.physio
PRODUCTS AND SERVICES

Pre-Employment Screenings

- Screening protocol tailored to the specific job task – Manual labourers, office workers, drivers. All industries and all workers will benefit
- Assists with determining suitability to employ a new staff member
- Provides expert baseline measures for future reference
- Our screenings have value based pricing – call or email us for a tailored price to meet your budget
- Don’t forget to mention our introductory offer of a high risk advanced spinal pre-screening assessments for the price of a standard screen (offer ends December 31, 2016)
  - specific for manual labourers
  - uses the most up to date technology including the ViMove which is a wearable sensor that allows us to assess movement while doing their job tasks – a must in workplace screening!!

If your current screening doesn’t include the use of ViMove then it isn’t providing you with the best workplace solution and information for your potential workers
PRODUCTS AND SERVICES

Post-Employment

• Maintenance screen
  - Reviews measures and makes sure employees are staying on top of their bodies and movement!!
  - Useful for existing employees who may have had an inadequate pre-employment screen or none at all
  - Includes free individualised preventative program
  - We have a Special Introductory Price for groups of 5 or more screenings
  - We will also provide a summary of risk factors – complimentary after 20 screens. This will allow us to implement a specific cost effective injury prevention program to reduce workplace risk
• Return to work readiness assessment

There is nothing worse or more frustrating than a worker who is “cleared” to return to work and re-injures themselves

- This is a screen to make sure that your current employees returning to work after time off work due to an injury ARE in fact work-ready
- This includes workers who have had time off due to private injuries or surgery or are wishing to return to work before fully fit to see their capabilities
- Complimentary to any worker referred to our clinic for rehabilitation and return to work programs

Individualised Workplace injury prevention programs

• After performing a pre or post-employment musculoskeletal screen we will provide the employed worker with a program to improve their physical health and wellness
• But what if they don't do it!! Or do it wrong!!!
• We can offer a small group training program in which employees are given the opportunity to attend our clinic and do their individual program with expert supervision - this will be a small price to pay to improve the employees wellbeing, job satisfaction, team building and reduce their risk of injury
Performance 360

P360 is an innovative, exciting and new approach to modern health care. Incorporating the core business of physiotherapy and exercise physiology, P360 provides high performance health care services in a state of the art clinic situated in Marsden Park. We are devoted to injury prevention and injury management in the fields of Occupational Health and Elite Sport. We are also dedicated to the ongoing education of our esteemed profession and as such have committed to evidence based research and education programs, putting us at the forefront of our profession.

Aaron Lewis

Aaron is a highly experienced and qualified Physiotherapist. He has owned and operated his own clinic since 2007 and now serves as a senior physiotherapy expert and consultant. He has worked with elite athletes and elite sporting teams including CricketNSW; Sydney Blue Sox Baseball; WACA, Cricket Victoria and NSW Rugby Union. He has also assisted in clinical education programs for University of Sydney, Australian Catholic University, Western Sydney University, Charles Sturt University and Macquarie University.

He has completed his Masters in Sports Physiotherapy as well as completing post graduate courses in Occupational Health and Physiotherapy. He has experience in manual handling industries and workplace ergonomics and has worked with organisations such as the Australian Defence Force and NRMA with their occupational health care needs.

Aaron is committed to excellence and will continue to ensure high performance services are provided and high standards are met in every professional interaction he has.

Andrew Han

Andrew has been the Senior Physiotherapist at one of the largest multi-disciplinary medical centres in Sydney, incorporating various forms of allied health into true collaborative approach to primary health care.

He has extensive experience in the Occupational Health setting dealing with pre-employment screenings, early intervention programs, end-to-end injury management solutions as well as providing a consulting role for injury prevention and health for large companies such as DHL, JJ Richards, Toll Logistics, Costa Logistics and Sigma Pharmaceuticals.

Andrew is dedicated to working collaboratively with clients to achieve an customised, integrated and effective occupational health solution.

Prashant Jhala

Prashant is a very experienced Sports Physiotherapist. He has worked with several clinics and sporting teams in both Melbourne and Sydney. Currently he is the sports physiotherapist for the Samoan 7’s Rugby Team in the HSBC World Sevens Series and has travelled with the team around the world. Prashant has also worked with elite athletes from Cricket Victoria, Cricket NSW, AFL, Rugby League and Australian Rowers.

Prashant has completed postgraduate studies in both sports physiotherapy and health professional education and has worked with several universities to develop curriculums for the P360 academy. He also has worked and learnt from some of Australia’s leading experts in spinal, complex groin and tendon pathology and has significant expertise in dealing with these injuries.

Prashant is also involved with several research projects, keeping him up to date with the best evidence currently available in injury assessment and management and has developed evidence based protocols for the clinic, which when working in conjunction with our team’s expertise provide us with some of the best current physiotherapy practices.

Don't delay – contact us now to show you that the Performance 360 way is the best way for your business.
1800 777 360 or marsdenpark@p360.physio for your customised and value-priced solution